

FAITH WORD

Faith

To believe in God's presence and hope.



SPIRITUAL PRACTICE

Hold a rock in one hand and feel the solidness of the rock. The rock is solid like faith.

Hold dirt in your other hand and spread your fingers out for the dirt to slip through. Sometimes, it's hard to hold on to faith.

Look for rocks this week. When you see one, imagine how hard and solid rocks are. Pray that your faith will stay solid like a rock.